

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCHTIME 1	<i>Rec Badminton Y11 Fitness Suite</i>		<i>Rec Table-Tennis Y11 Fitness Suite</i>		<i>Rec Basketball Y11 Fitness Suite</i>
LUNCHTIME 2	Year 10 Rugby	Recreational <i>Badminton/Table-Tennis Y10 Fitness Suite</i>		<i>Y10 Fitness Suite</i>	Year 10 Rugby
PERIOD 5			NETBALL Sixth Form Girls <i>Sixth Form Fitness Suite (there is a cost)</i>		
AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL
SPORTS HALL	FENCING CLUB <i>(there is a cost) Open to all</i>	NETBALL Sixth Form Girls	BADMINTON <i>(there is a cost)</i>	TABLE - TENNIS CLUB <i>(there is a cost)</i>	
	<i>FITNESS SUITE YEARS 10-11</i>	<i>FITNESS SUITE YEARS 11-13</i>	<i>FITNESS SUITE YEARS 10-13</i>	<i>FITNESS SUITE YEARS 10-11</i>	
SPORTS FIELDS	SENIOR RUGBY (Yrs.11-13)		YEAR 7 RUGBY		
	YEAR 9 RUGBY	YEAR 8 RUGBY			
		RUNNING Open to all			

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCHTIME 1	<i>Rec Badminton Y11 Fitness Suite</i>	RUNNING Open to all	<i>Rec Table-Tennis Y11 Fitness Suite</i>		<i>Y11 Fitness Suite</i>
LUNCHTIME 2	Year 10 Rugby				<i>Rec Basketball Y10 Rugby</i>
PERIOD 5			NETBALL Sixth Form Girls <i>Sixth Form Fitness Suite (there is a cost)</i>		
AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL
SPORTS HALL	FENCING CLUB <i>(there is a cost) Open to all</i>	NETBALL Sixth Form Girls	BADMINTON <i>(there is a cost)</i>	TABLE - TENNIS CLUB <i>(there is a cost)</i>	
	<i>FITNESS SUITE YEARS 10-11</i>	<i>FITNESS SUITE YEARS 11-13</i>	<i>FITNESS SUITE YEARS 10-13</i>	<i>FITNESS SUITE YEARS 10-11</i>	
SPORTS FIELDS	SENIOR RUGBY (Yrs.11-13)		YEAR 7 RUGBY		
	YEAR 9 RUGBY	YEAR 8 RUGBY			
		RUNNING Open to all			