

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
LUNCHTIME 1		<i>KS 3 BASKETBALL</i> <i>ARW</i>		
LUNCHTIME 2	<i>FITNESS SUITE</i> <i>YEARS 10-11</i> KXS	<i>FITNESS SUITE</i> <i>YEARS 12-13</i> MFN	<i>FITNESS SUITE</i> <i>YEARS 10-11</i> TKG	<i>FITNESS SUITE</i> <i>YEARS 10-11 MFN</i>
				KS4 BASKETBALL ARW
PERIOD 5			NETBALL Sixth Form Girls	
			<i>Fitness Suite (there is a cost)</i>	
			SENIOR FOOTBALL	
AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL
SPORTS HALL	FENCING CLUB (there is a cost) Open to all	NETBALL Sixth Form Girls	BADMINTON (there is a cost)	TABLE - TENNIS CLUB (there is a cost)
	<i>FITNESS SUITE</i> <i>YEARS 10-11</i>	<i>FITNESS SUITE</i> <i>YEARS 11-13</i>	<i>FITNESS SUITE</i> <i>YEARS 10-13</i>	<i>FITNESS SUITE</i> <i>YEARS 10-11</i>
SPORTS FIELDS	SENIOR RUGBY (Yrs.11-13)	U15 RUGBY TRAINING	YEAR 10 RUGBY	YEAR 7 RUGBY
	YEAR 9 RUGBY		CROSS-COUNTRY	YEAR 8 RUGBY
			Open to all	

**FRIDAY**

**KS4 S & C CLUB**  
**KXS**

**KS5 BASKETBALL**  
**ARW**

**AFTER SCHOOL**

***FITNESS SUITE***  
***YEARS 11-13***